Men's Physique Style Guide

This is your moment to shine. Appropriate outfits that highlight your physique are important for quality portraits.

SUIT UP

For outdoor shoots, we suggest:

- Solid colored board shorts
- Solid colored posing suits
- Jeans
- White button down shirts
- Belt, if necessary (it may get wet)

If your shoot is in-studio, we also suggest bringing a dress suit with jacket and solid colored tie options.

ACCESSORIES

To better focus on your physique, minimize accessories. At most, you may want to have dark sunglasses available. For indoor sessions, you may want to wear a watch or pocket watch,.

SHOES

If your session is scheduled outdoors, we suggest bare feet. For indoor shoots, bring a selection of dress shoes and boots.

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