

Women's Physique Style Guide

This is your moment to shine. Choosing the appropriate outfits is very important for quality portraits.

SUIT UP

Solid color suits will look spectacular. Bikinis, one-piece and monokinis are all excellent choices for female physique athletes.

Black or white suits are a bold choice. Bright and colorful suits, such as pink and orange, offer dramatic looks. Elegant options for suit colors include bronze, copper and gold.

ACCESSORIES

To better focus on your physique, minimize accessories. They may take the spotlight from your sculpted form. However, if you want to make a statement, consider a large beach hat, dark sunglasses or flowing cover-ups.

SHOES

If your session is scheduled outdoors, we suggest bare feet. For indoor shoots, bring a selection of heels and boots.



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